



Mayfield Women's Club, Inc. GFWC/Ohio


Newsletter



2022


General Meeting: Monday, January 17, 2022
 Mayfield Village Community Room
 6621 Wilson Mills Road, Mayfield Village

Board Meeting: 6:00 PM

General Meeting: 7:00 PM 

Greeting Hostess: Marie, Arrive at 5:30 PM *Bring a Devotion to read*

Serving Hostesses: Gail, Joan, Georgene, Barb [Serving pre-packaged refreshments]

Program: ...Program to be Announced ~ by Carolyn 



When inside the Mayfield Village Community Room –
Remember – If you are walking, you are wearing your mask....



Messages from our Co-Presidents



Happy New Year 2022! We hope you are well rested and ready for the second half of our Club year.

We continue our Club Mission of serving others. Now is the time to consider how you will serve in the coming year of 2022-2023.

To refresh your memory, please refer to the Mayfield Women's Club By-Laws for the Duties of Officers. A member of the Nominating Committee will be contacting some of you soon. The first reading of the slate of officers for 2022-2023 will be presented at our January 17th meeting. Also, review the list of Standing Committees and duties in order to consider which committee or committees you would be interested in leading or helping. Let's look forward to a good productive year.

Your Co-Presidents ~ Loretta and Diana

Committee Updates

Home Life/ Health & Wellness Committee

Happy New Year everyone from sunny SW Florida. This month's National Health Awareness topic is **Glaucoma**. I am sure you are all aware of this eye disease and see your Ophthalmologist regularly to stay on top of this condition. As I read different websites regarding the various health awareness topics, I find that the diets recommended for prevention and control of many of these conditions are very similar. Hmmm. . . . Interesting, isn't it? If you go back and look at the anti-inflammation diet I gave you last fall for arthritis, it is very similar to diets recommended for eye health, weight control, healthy immune systems, etc.

January begins the really cold, dreary weather that often affects our mental health. After 2 years of COVID, holiday stress, crazy politics, and decreased sunlight, many of us become depressed. Full spectrum lighting helps many people affected with SAD (Seasonal Affective Disorder). In the

January awareness weeks, here is a good one to cheer us up: **NO NAME CALLING WEEK, January 20-24**. Maybe we should all call or write our TV news people and remind them to lay off the name calling! This would also be a great week for schools and parents to celebrate!!

January is also **Birth Defects Prevention** month – Which brings me to GFWC's signature project, Operation Smile. I have finished all of the little darlings and will mail them out this next week. I will post a picture on our website and Facebook page of the Mayfield Women's Club Puppet Choir.

Do something good for someone else today—that will make you feel better. ❤️ ~ Diane

International Committee

An Irish New Year Greeting



May your troubles be less and your blessings be more,
And nothing but happiness comes through your door.

A HAPPY, HEALTHY NEW YEAR 2022

~~Patt and the International Committee

❤️ In gratitude for the help in the past and the fulfilling future we will share in the New Year!!

Social Committee

**FEBRUARY SOCIAL:
LUNAR NEW YEAR LUNCHEON
P F CHANG'S**

Saturday, February 12, 2022, at 12:00 Noon.

26001 Chagrin Blvd., Beachwood

Sign up at the January 17th General Meeting, or call me by February 1st. Feel free to bring a friend or former member!

~ Marie

Ways & Means Committee

Holiday Gathering

Thank you to all my Holiday Gathering Committee helpers ❤️

- ♥️ Barb, for the beautiful centerpieces.
- ♥️ Marie, for her "no calorie" additions to the raffle table (left over from the Christmas Swap event she held.)
- ♥️ The Ways & Means Bakers, for all the delicious items for the Sweet Treat Table.
- ♥️ Patty & Pat, for selling raffle tickets and counting the money – \$249!!
- ♥️ Audrey for taking care of all the money issues.
- ♥️ Marcia for arriving early and pitching in where needed.
- ♥️ To all the members who contributed to the Mitten Tree and The Way donation tables.

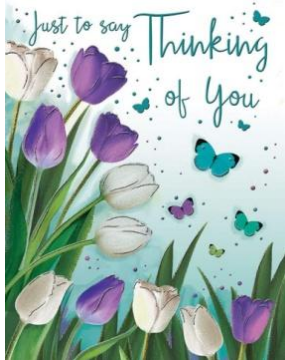
You are ALL wonderful members and friends.

I hope your Holiday was fabulous and the New Year brings good health, happiness, and joy!

~ Stasia

TEXAS ROADHOUSE GIFT CERTIFICATE DRIVE ~ HOLIDAY DECORATION SWAP ~ OUR TOWN BOOK SALES

Thank you for supporting our **Texas Roadhouse Gift Certificate Drive**, our **Holiday Decoration Swap**, and the **Our Town Book Sales**. Some **Our Town** books are still available. We will close the sale of those books after the January meeting, but they will remain available online. Payment by check to **Mayfield Women's Club, GFWC/OHIO** and any remaining, unsold books should be turned in at that time.



Pat and I had a terrific time with our Holiday Decoration event ~ \$148+ was earned. We are grateful to those who donated items, as well as those who came to buy! Some items were placed in the December 4th raffle, to the delight of the winners!

Sue sent a box of miscellaneous jewelry, including stretch bracelets (15+), which in turn, were donated to the ladies at the Group home.

Pat kindly gathered remaining unsold items which were donated to the community table at St. Noel's. She and I are already talking about doing this next year—so, when you're packing up holiday decorations; pack up anything you might want to "swap out" come November!

~ Marie



JANUARY FUNDRAISER:

ARRABIATA ITALIAN RESTAURANT

Wednesday, January 26, 2022

6169 Mayfield Road, Mayfield Hts.

The restaurant is open from 11 AM-1 PM and 4 PM-9 PM. (Closed from 1 PM-4 PM)

PLEASE NOTE: In order for it to be profitable for The Mayfield Women's Club, we **WILL HAVE TO ORDER FROM THE DINNER MENU FOR LUNCH!** We all love leftovers!

I will be arranging **LUNCH** at the restaurant, as a group, for members of the Club who would like to go. We will meet at 11:30. That should give us plenty of time to order, eat, and visit. If you know now that you would like to go, please email or text me

I will also have a sign-up sheet at the January 17th meeting. That will be the last day for reservations. I hope you will join us!

Please feel free to tell family and friends so as to increase our fundraising efforts. Lunch, dinner and take out are all acceptable for our profit.

The flyer is page 6 of the Newsletter. Either bring the flyer or show it to them from your phone.

~ Stasia

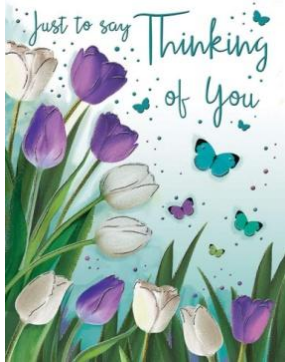
Welfare Committee:

Collection:

- Collection of corks (made of cork), for a teacher's STEM class.
- To make "Bags of Love" we would like: brushes, combs, lotions, washcloths, toothbrushes, toothpaste, shampoo, conditioners, soaps, socks, and devotional readings.
- We collect cook books and children's books, K-12.
- **NOTE:** The January meeting will be our last collection of 2022 calendars.

Call me if any questions!

~ Chris & Marty



For our Club members who may be healing, ill, unable to travel, or maybe a little out of sorts  please know we are always thinking of you, sending you prayers, good thoughts and hugs...



Regarding the Medicine Pill Bottles –

AFTER removing the labels, wiping off the bottle with Goo Gone (or similar product), the bottles **MUST** be washed in the dishwasher before turning them in to us. It is REQUIRED to wash them in the dishwasher because of the chemicals in the Goo Gone (or similar product). The chemicals will be removed by the heat, water, and soap in the dishwasher. Thank you!



Happy January Birthday



1/18 Judy

2/21 Stasia



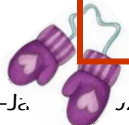
1/23 Betty



The February Newsletter information is due on Tuesday, February 1, 2022.



Newsletter Editor: Marcia





Upcoming MWC Fundraisers & Events

Jan | Feb

Club Fundraiser:

January 26: Arrabiata Italian Restaurant – Contact Stasia h

Social:

February 12: Lunar New Year Luncheon – PF Chang’s – Contact Marie

DINE & DONATE



Join us for a Dine & Donate fundraiser
to support the Mayfield Women's Club

Order from Mayfield Arrabiata's
Italian Restaurant (6169 Mayfield Rd.) on

Wednesday, January 26th

11AM until 1PM & 4 PM until 9 PM

(All orders must be placed from dinner menu to qualify).

Please bring in this flyer or show on your phone and tell your server you are supporting this awesome cause. **20%** of your total bill will go directly to the Mayfield Women's Club!

Offer valid for all dine-in and carry out orders • Flyer must be presented at time of purchase • May not be combined with any coupons or discounts • Not valid with Early Bird menu orders

www.arrabiatas.com • 440-442-2600

